

DURANGO RECREATION CENTER LAP POOL SCHEDULE

Pool Hours

Monday - Thursday: 6:00AM - 7:00PM

Saturday: 9:00AM - 4:00PM

Sunday: CLOSED

Average Pool Temperatures

Lap Pool: 80

Leisure Pool: 89

Hot Tub: 103

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 AM	Masters Swim Team 6:00 - 7:30	Lap Swim	Masters Swim Team 6:00 - 7:30	Lap Swim	Masters Swim Team 6:00 - 7:30	<u>CLOSED</u>	<u>CLOSED</u>
6:30 AM							
7:00 AM							
7:30 AM	Durango Swim Club 7:30-9:30am	Durango Swim Club 7:30 -11:00	Durango Swim Club 7:30-9:30am	Durango Swim Club 7:30 -11:00			
8:00 AM							
8:30 AM							
9:00 AM	Durango Swim Club 7:30 -11:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Durango Swim Club 9:00- 10:30	
9:30 AM							
10:00 AM							
10:30 AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
11:00 AM							
11:30 AM							
12:00 PM	Masters Swim Team 12:00 - 1:00	Lap Swim	Masters Swim Team 12:00 - 1:00	Lap Swim	Lap Swim	<u>CLOSED</u>	
12:30 PM	Lap Swim		Lap Swim				
1:00 PM							
1:30 PM		Lap Swim		Hydro-Robics 2:00- 2:45	Hydro- Robics 2:00- 2:45		
2:00 PM							
2:30 PM							
3:00 PM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
3:30 PM							
4:00 PM							
4:30 PM			Lap Swim				
5:00 PM							
5:30 PM							
6:00 PM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	<u>CLOSED</u>		
6:30 PM							
7:00 PM							

*****Two public lanes will be availbe during all scheduled practices.**

Durango Swim Club	A competitive swim team for kids ages 5 to 18. Knowledge of general swim techniques is required. Starting June 7th practice will be in the mornings for the remainder of the summer.
Masters Swim Team	Masters Swimming is a year round program consisting of adults, 18 and over, who strive to maintain fitness, train for competitions or wish to meet and compete with other swimmers.
Hydro-Robics	Energetic, full body workout. Begins in the Lap Pool with 45 minutes of low impact aerobics and resistance exercises in a circuit training format. Concludes in Leisure Pool for last 10 minutes.
Kayak Roll Session	Come and practice your roll technique and paddle through the "open water" of the lap pool in your kayak. **Extra fee required per boat. Starting June 7th Kayak Roll Session will begin at 5:30.