

Programs Could Change Due to Covid-19 and Current Restrictions

Durango Adventure Therapy



Durango Adventure Therapy offers healing and awareness through water and art therapy at Lake Nighthorse. Outdoor therapy, including “Therapaddle” or “Art Attacks” can be as effective as antidepressants and provide participants with ways to better understand their thought processes, behaviors, and coping strategies. During “adventure” therapy, individuals take part in group or one-on-one activities designed to improve emotional intelligence, well-being and positive outlook. Sessions will be tailored to match the particular needs of the individual(s). Contact Jenny Rogers, jenny@durangoadventuretherapy.com or 970-769-2563 to schedule your appointment.

Bring your own paddle board or rent from 4CRS at a discounted rate.

| Time | Price | Days | Available Times | |
|------------------|---------------|----------|-----------------|-----------------------------------|
| 1.5 hour Session | \$30/Person * | Tuesday | 10 am - 4 pm | Or can customize to your schedule |
| Additional Hour | \$25/Person * | Thursday | 2 - 5 pm | |

* Admission to Lake Nighthorse is not included.



Guided Fly Fishing Float Trips on Lake Nighthorse

Fly fishing guides from Duranglers specialize in custom guided trips to Lake Nighthorse targeting rainbow and brown trout. Duranglers will put you where the fish are and show you how to catch them. We'll teach fly fishing skills to beginners of all ages and provide fine points and useful tips to the expert angler. Duranglers is the premiere fly fishing guide service in the region. (Outfitter Registration #671). The hours of operation will vary through the open season depending on time of year, weather conditions and lake hours of operation. Half day and full day trips are available. Half-day trips will be about 4 hours on the water and full day trips more like 6 hours. From the time of arrival at the Lake to actual fishing would expect 30 to 45 minutes.

On full and half day trips the guide will provide rods/reels if needed along with flies and all terminal tackle. Due to COVID 19, guidance guides and anglers will be responsible for their own food and beverages.

Contact Duranglers at 970-385-4081 or info@duranglers.com to schedule.

| | Price |
|----------------------------------|-------|
| One or Two People for a Full Day | \$625 |
| One or Two People for a Half Day | \$575 |

Habit SUP Yoga



Habit is offering drop-in SUP Yoga Classes.

Bring your own SUP or rent onsite from 4Corners Riversports

| Day | Time | Date | Price |
|-----|-----------------|--------------|------------------------------------|
| M | 9:30 - 10:30 am | Through 8/31 | \$15 plus Lake Nighthorse Entrance |



For User Name and Password Call 970-375-7300