

Programs Could Change Due to Covid-19 and Current Restrictions

Yoga/Adult



Sunrise Yoga

Increase your flexibility and strength with Hatha/Vinyasa flow style yoga. Emphasis is on the health of the spine and on breath. The drop-in pass allows you to choose any four on-going classes that fit your schedule. Mats and props provided. All levels welcome. For more information contact Susan Atkinson at 970-259-0385 or sunriseyogadurango.com

Punch passes can be purchased at the Durango Community Recreation Center

Fall & Winter Hours Begins 9/4/19		
Day	Time	Price
M/W	7 - 8 am & 8:15 - 9:15 am	\$20/4 classes

All classes are held at the Boys & Girls Club, 2750 Main Avenue

Volleyball/Youth

Teen Volleyball Clinics

Boys and Girls will develop skills and knowledge of this exciting sport. Please come with a volleyball and clean court shoes. Location is at the Durango Community Recreation Center Gymnasium. For more information contact Parks and Recreation Administration at 970-375-7321.



Grade	Day	Date	Time	Price	Code
4 - 6	M/W	11/30 - 12/16	4 - 5 pm	\$45	213010-80
7 - 9	M/W	11/30 - 12/16	5 - 6 pm	\$45	213010-82

Volleyball/Adult

Adult Women's Volleyball **NEW SEASON!**

The women's league format is a seven game round-robin followed by a league tournament. Contact Kelsey Melfy, kelsey.melfy@durangogov.org or 970-375-7324 for more information.

Registration Deadline 1/11

Day	Date	Early Bird Discount By 1/4	Price After 1/4	Level	Code
W	1/20 - 3/31	\$350/Team	\$390/Team	Women's Rec 2	126610-02
W	1/20 - 3/31	\$350/Team	\$390/Team	Women's Rec 3	126610-03
Th	1/21 - 4/1	\$350/Team	\$390/Team	Women's Super Rec	126610-04
Th	1/21 - 4/1	\$350/Team	\$390/Team	Women's Rec 1	126610-01

