

Programs Could Change Due to Covid-19 and Current Restrictions

Durango Gymnastics

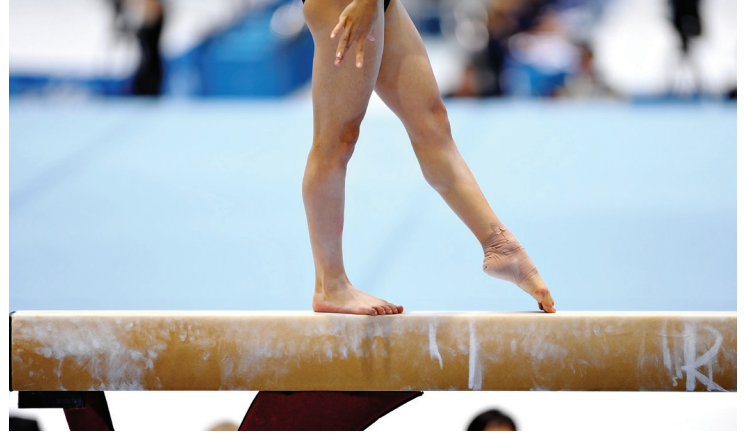
144 Bodo Drive • 970-375-7393 • durangogov.org/gymnastics

Durango Gymnastics offers a variety of classes for beginning, intermediate and advanced gymnasts with progression toward the competitive gymnastics teams for both boys and girls. Through positive interactions with the coaches, children will learn and develop a range of skills which they may build upon. To schedule an assessment with the coaches to determine your child's placement, contact the front desk at 970-375-7393 or Stephanie.Malhmood@durangogov.org

Important Information During COVID-19

Due to capacity limits for the Durango gymnastic facility during the Covid-19 Pandemic:

- **Birthday Parties** are **Not** available at this time
- **Open Gym** are **Not** available at this time
- **Foam Pit** is **CLOSED** at this time
- **Bring Water Bottle** to class, **fountains are off**
- **Programs can change** due to Covid-19
- There are **no Thursday morning classes** to allow for deep cleaning.



Proper Gymnastics Attire

Athletic clothing, including leotards, shorts, leggings, tank-top (please no loose clothing, jeans, dresses, or exposed midriff). No jewelry.

Long hair must be pulled back out of the face

No tights with feet or socks

Gym Wobbles Age 10 - 18 Months

This child development class is geared towards basic motor skill development. Parents will learn spotting techniques for gymnastics basics, to help infants develop their vestibular system and spatial awareness. Exploration on toddler appropriate equipment will stimulate early muscle strength and gross motor skills such as walking and balance. Parent participation required.

Day	Date	Time	Price	Code
F	9/4 - 25	10 - 10:45 am	\$10/Class	213211-74B
F	10/2 - 23	10 - 10:45 am	\$10/Class	213211-84B
F	10/30 - 11/20	10 - 10:45 am	\$10/Class	213211-91B

PARKING

Please park directly in front of the building or behind the building. **PLEASE, NO PARKING** in front of adjacent businesses, located to the west and to the north of the Durango Gymnastics facility. Please see parking map located just inside the gymnastics facility for other legal parking options. **Thank You!**

Tiny Tumblers Age 19 Months - 3 Years

Child sized equipment allows children to discover color, shape and movement while developing imagination, coordination and motor skills. Through activities, games and obstacle courses, children are taught basic body awareness and will develop essential motor skills. Self-confidence grows as physical fitness levels rise. Parental participation is required.

Day	Date	Time	Price	Code
M	8/31 - 9/21	10 - 10:45 am	\$10/Class	213210-70B
Tu	9/1 - 22	9 - 9:45 am	\$10/Class	213210-71A
M	9/28 - 10/19	10 - 10:45 am	\$10/Class	213210-80B
Tu	9/29 - 10/20	9 - 9:45 am	\$10/Class	213210-81A
M	10/26 - 11/19	10 - 10:45 am	\$10/Class	213210-86A
Tu	10/27 - 11/17	9 - 9:45 am	\$10/Class	213210-87A



Register Online at: durangogov.org/parksandrec