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FOR IMMEDIATE RELEASE, DECEMBER 5, 2019

# NEWS RELEASE

## Library and Southwest Center for Independence Offer New Program

**Durango, CO:** The Durango Public Library and the Southwest Center for Independence are partnering to offer a new program, *Living Your Best Life with Disabilities*. Program sessions will be offered at the Library Thursday afternoons from 1:30 to 2:30 p.m., December 5 through January 30. Sessions will focus on personal and practical life skills such as problem solving, finding housing and self-advocacy. Sessions are free and open to adults of all abilities.

For more information or to request accommodations, contact Ruthie at the Southwest Center for Independence at [ruthie@swilc.org](mailto:ruthie@swilc.org) or (970) 259-1672. Additional details also are available at [DurangoGov.org/Library](http://DurangoGov.org/Library) or by calling (970) 375-3380.

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