



ADULT COED VOLLEYBALL

Miller Middle School

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2019 Fall Season Manual

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League Information

DATES: September 11th – November 7th, 2019

TIME: 6:15 PM – 9:00 PM

LOCATION: Miller Middle School

DAYS: Wednesdays and Thursdays

DIVISIONS: **Coed Super Rec** (Competitive) Thurs
Coed Rec 1 (Developed) Thurs
Coed Rec 2 (Intermediate) Wed
Coed Rec 3 (Basic) Wed

REGISTRATION: **Early Bird:** \$390 per team
After 8/25, 2019: \$430 per team
Deadline: September 2nd, 2019

AGE: 15+, Players under 18 must have a guardian sign the roster form giving permission for the minor to play.

League Format

REGULAR SEASON: 7 matches in round robin play.

SCHEDULES: Determined by total number of team registrations. Prior to league play, schedules will be emailed to team captains and available online at durangogov.org. Team captain's responsibility to distribute to their team.

DIVISION PLACEMENT: Teams may automatically be placed one division higher or lower than their 1st choice.

ROSTERS: All players must sign the team roster/waiver before participating, rosters will be onsite. Players may only play on one team in the league and are not allowed to switch teams. Any player must have participated in a minimum of two matches to be eligible for league tournament play.

DIVISION TOURNAMENT: Double elimination.

TOURNAMENT BRACKETS: Teams are seeded based upon regular season league records. Ties will be broken by a head to head record. Tournaments will begin the following week after regular season schedules are completed. Teams should be prepared to play on any given night to complete a tournament.

*Teams with 2 regular season forfeits will be ineligible for the division tournament. To become eligible for the tournament, the team captain must contact the Adult Sports Supervisor to receive approval and pay a \$50 forfeit fee, prior to the last regular season game and completed tournament brackets.

League Rules

This league is governed by the current USA Volleyball rules and the following Durango Parks & Recreation rules:

MATCH RULES:

SCORING: Best 2 out of 3 sets. Set 1 and 2: rally to 25, cap at 27. Set 3: rally to 15, cap at 17, switch sides at 8 points.

TIME LIMIT: 45 minutes per match. If time expires during the 2nd or 3rd set, the team winning by 2 or more points will win the set. If time expires with the match tied, a 3rd set will be played, first team to score 5 points wins.

TIMEOUTS: One 30 second timeout per set.

FORFEITS: Match time is forfeit time for Set 1. Match time +10 minutes is forfeit time for the entire match. If you know your team will be forfeiting a match, please contact the Adult Sports Supervisor ahead of time.

PLAYERS ON THE COURT: Maximum of 6 players per team on the court (3 male/3 female). Minimum of 4 players (2 male/2 female) to start a match. A team with 5 players may have any 3/2, male/female combination. Teams with 6 players must have a male/female serving rotation. Additional players or subs may enter the match during any dead ball and the official's approval. Finishing a set with less than 4 players will result in a forfeit of the match.

GAME RULES:

COED SPECIFIC RULES:

PLAYER CONTACT: A female must contact the ball at least once before it goes over the net unless there are less than three total hits. Contact made during a block does not constitute playing the ball.

BLOCKING: If only one male in the front row rotation, another male may come forward for the purposes of blocking and setting only, he cannot attack at the net.

SERVING: The server has 8 seconds to serve the ball and is allowed one re-toss per serving rotation. If the ball hits the net and goes over the net during a serve, the ball is considered in play. Service order must alternate gender.

BLOCKING: A player may reach over the net while blocking, but cannot reach over the net in an attempt to intercept the ball until the opponent has completed the attack. Blocking a served ball is not allowed.

BALL CONTACT: Contact with the ball must be a "clear" hit. A lift will be called if a player scoops, lifts, pushes, carries or holds the ball. On the first contact after crossing the net, if the ball is not held, a double contact hit is legal. The ball may be contacted by any body part; head, fist, knee, head, are all legal. If two players simultaneously contact the ball, either player can be the next legal contact on the ball.

NET VIOLATION: Contact with any part of the net by a player will result in a fault.

BALL ON COURT: If a loose ball enters the court during a rally, it is an automatic replay.

League Rules cont.

ATTIRE: Referees or Site Supervisors may ask players to remove hats or jewelry while on the court.

JERSEYS: Similar colored team jerseys or t-shirts with numbers are recommended but not mandatory.

SHOES: Players are required to bring clean court shoes and change into them inside the gym.

BRACES: Braces/guards made of any hard surface such as metal, plastic, or plaster, may not be worn on the finger, hand, wrist or elbow. Casts are not allowed under any circumstances.

Conduct

UNSPORTSMANLIKE: Any staff member may eject players from a match for inappropriate behavior, including but not limited to: physical altercations, vulgar language, erratic behaviors, taunting, etc. Ejected players must leave the facility within 2 minutes or the match will be forfeited. Any staff member may also forfeit an entire game as a result of any player or spectator's behavior and/or actions.

EJECTIONS: Any player ejected will automatically be suspended from the next scheduled game. If a second ejection were to occur, the player will be removed from the season's league.

PROTESTS: Protests are not considered on official judgment calls. To protest rule infractions, player eligibility or ejection appeals, at the point of conflict it must be made aware to the site supervisor, official, and opposing captain that the game is under protest. The captain then must follow the formal protest procedure the next business day with the Adult Sports Supervisor.

Parks and Recreation Code of Conduct

- A. **NO PERSON SHALL:** Discuss with an official the decision reached by the official, except for the team captain.
MINIMUM PENALTY: Warning by the official.
MAXIMUM PENALTY: Removal from the game.
- B. **NO PERSON SHALL:** Be guilty of obscene gestures, objectionable demonstrations or refusal to abide towards official's decision.
MINIMUM PENALTY: Warning by the official.
MAXIMUM PENALTY: Removal from the game and a 1-game suspension.
- C. **NO PERSON SHALL:** Be guilty of using unnecessarily rough tactics in the play of the game against the body and person of an opposing player.
MINIMUM PENALTY: Removal from the game, and 1-game suspension and probation for the remainder of the season.
MAXIMUM PENALTY: 3-game suspension and probation for the remainder of the season.
- D. **NO PERSON SHALL:** Be guilty of an abusive verbal attack upon any player, official or spectator.
MINIMUM PENALTY: Removal from the game, and 1-game suspension and probation for the remainder of the season.
MAXIMUM PENALTY: 3-game suspension and probation for the remainder of the season.
- E. **NO PERSON SHALL:** At any time lay a hand upon, shove, or attack a player, spectator, official or employee.
MINIMUM PENALTY: Removal from the game, and suspension for 1 season and probation for 1 additional season.
MAXIMUM PENALTY: Suspension from all recreation activities for 2 years and probation for the following year.
Forceful contact may also result in enforcement and penalties by law enforcement
- F. **NO PERSON SHALL:** Smoke while participating in the league game.
MINIMUM PENALTY: Warning from official.
MAXIMUM PENALTY: Ejection from the game.
Smoking in some public areas may also result in enforcement and penalties by law enforcement.
- G. **NO PERSON SHALL:** Appear on the field of play under the influence of alcohol or drugs.
MINIMUM PENALTY: Removal from the game, 1-game suspension and probation for the remainder of the season.
MAXIMUM PENALTY: 3 game suspension and probation for the remainder of the season.
Alcohol in some public areas may also result in enforcement and penalties by law enforcement.